



# DRAGON BOAT CHALLENGE

Skiway Park, The Esplanade, Oak Flats  
Saturday 7 March 2020

<b>Location:</b>	Skiway Park, The Esplanade, Oak Flats
<b>Commencement Time:</b>	8.30am
<b>Distance:</b>	200 metres
<b>Heats/Finals:</b>	2 to 3 heats and a final (to be confirmed dependent upon number of entries)
<b>Prizes:</b>	Medals for the 1 <sup>st</sup> , 2 <sup>nd</sup> , and 3 <sup>rd</sup> placed teams. Perpetual trophy to the community/corporate winner
<b>Entry Fees:</b>	\$25 per paddler or \$500 per team (incl GST) for Corporate/Community organisations and Sports teams \$15 per paddler for School teams (note: students must be current school students aged 12 to 18 years) Cost inclusions: dragon boat, sweeper/drummer and insurance for the day and one training session
<b>Payment Details:</b>	By cheque - payable to <b>Shellharbour City Festival of Sport</b> , PO Box 105, Shellharbour City Centre 2529 <b>Direct Deposit EFT Details</b> Bank: CUA BSB: 814 282 Account No. 42111737 Entries close Friday, 21 February 2020.
<b>Team Composition:</b>	Teams must consist of 16 - 20 paddlers (no more than 50% to be male) Minimum age is 12 years DBNSW/IDBC will be providing sweep/steerer and drummer for Community/Corporate/School teams.

## **Compulsory Training for 2020 event**

1 x training session is included in the cost and it is **mandatory** that each team complete before the day (75% of team **are** required to attend the training session). Training is held at the Illawarra Rowing Centre, Northcliffe Drive, Warramong (to the left of the Illawarra Yacht Club).

Additional training is available for \$5.00 per person per session.

## **Training dates (other times are available by appointment)**

Sunday 1 March	10am to 1pm
Friday 6 March	2pm to 5pm

There is a **Penalty Fee** of \$40 for any team that doesn't show up for a pre-arranged training session

**To book training** contact Helen Bent by phone on 0403 844 880 or by email on [bented@iprimus.com.au](mailto:bented@iprimus.com.au) or alternatively contact the Illawarra Dragon Boat Club on 0417 066 945 or by email at [illawarradragonboaters@y7mail.com](mailto:illawarradragonboaters@y7mail.com)

## **Further Information**

Lee Cramer (m) 0422 602 917  
Diane Johnston (m) 0418 833 224

email: [leevents@tpg.com.au](mailto:leevents@tpg.com.au)  
email: [diane.johnston@shellharbour.nsw.gov.au](mailto:diane.johnston@shellharbour.nsw.gov.au)

**Note: If the weather is bad and deemed unsafe for paddlers on the day, then the organising committee has the right to postpone/cancel the event.**

A Dragon Boat NSW sanctioned event and supported by the Illawarra Dragon Boat Club





# DRAGON BOAT CHALLENGE ENTRY FORM

## Saturday 7 March 2020

Please tick which categories you will be entering: (if more than one enter the number (eg: 1, 2))

- Corporate/Community - Mixed  
 School Team – Mixed

- Sports Dragon Boat – Mixed

**Note (1):** if entering more than one team per category, please indicate what the team names are so they can be recorded as such for the race draw. (e.g. colours, alphabet, numbers, drinks etc)

Company Name (if applicable):	
Team Name:	
Team Manager/Contact:	
Mobile contact:	
Email address:	

### Conditions of entry:

. abide by the race rules and requirements of the events organisers whose decision in all matters relating thereto and to the suitability and eligibility of applicants is final and binding,  
 . waiver any claim on the event organisers which may otherwise arise from personal injury or death and damage arising from or caused by participation in the competition,  
 . reimburse the event organisers for any damages or losses caused by the entrant to equipment provided by the event organisers,  
 . utilise only equipment and fittings provided or required by the event organisers. **(paddles will be supplied if teams do not have own)**  
 - padding or gripping material is not permitted (wax is permitted).  
 . all teams are to use a DBNSW accredited sweep. Sweeps will be provided upon request to the organisers prior to the event only.  
 . every member of the paddling team must be able to swim 50 metres or otherwise wear a buoyancy vest,  
 . any protests must be lodged in writing and accompanied by \$200 cash protest fee within 15 minutes of completion of the protested race. The protest fee is only refundable if the protest is successful.  
 - This event is an alcohol free event  
 I certify that each member of the team understands and undertakes to be bound by the conditions of entry,

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

**Entries close:** Friday, 21 February 2020

**Entry form:** please forward this completed entry form (this page) to Shellharbour City Festival of Sport - PO Box 105 Shellharbour City Centre NSW 2529 or by email to [diane.johnston@shellharbour.nsw.gov.au](mailto:diane.johnston@shellharbour.nsw.gov.au)

**Payment** can be payable by cheque or direct deposit

Cheque payable to Shellharbour City Festival of Sport. Post to PO Box 105, Shellharbour City Centre NSW 2529  
 EFT details Bank: CUA BSB: 814 282 Account No. 42111737 (please add Dragon Boat Team Name as reference)

**Note:** Teams who have not paid or provide proof of payment will not be allowed to race on the day.

**Team sheet and waiver forms must be** handed in to registration before 8am on the morning of the regatta

### Contact Information:

Lee Cramer (m) 0422 602 917

email: [leeevents@tpg.com.au](mailto:leeevents@tpg.com.au)

Diane Johnston (m) 0418 833 224

email: [diane.johnston@shellharbour.nsw.gov.au](mailto:diane.johnston@shellharbour.nsw.gov.au)



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Saturday 7 March 2020

## BRIEFING NOTES

<b>Location:</b>	Skiway Park, The Esplanade, Oak Flats
<b>Race date and time:</b>	Saturday, 7 March 2020 Races 8.30am – 3:00pm
<b>Final Registration: Team Captains Briefing</b>	8:00am At the Registration Marquee – team list/signed waiver 8:00am – Next to Marshalling area
<b>Site Facilities:</b>	Toilets, food facilities and coffee van Please bring your own shade tents and food and water
<b>Race Schedule:</b>	Will be distributed around Tuesday, 3 March 2020
<b>Race Distances:</b>	200 metres for all categories
<b>Boats/paddles:</b>	Dragon boats and paddles will be supplied
<b>Insurance:</b>	Sports injury Insurance per person has been included in the team entry fee and will cover all participants for competition and one (1) training session prior to the event
<b>Categories:</b>	Community/Corporate, School and Sports teams
<b>Category Criteria:</b>	<i>All Teams:</i> must have a minimum 16 paddlers to a maximum of 20 paddlers – no more than 50% male (drummer & DBNSW Accredited sweep will be provided to community/corporate and school teams
<b>Qualifying for Finals</b>	Points are allocated on placings in heat results and added together to form finals qualifications. The times of teams on equal points will be added to identify the 4 fastest qualifying teams.
<b>Team Composition &amp; Rules of Racing:</b>	Refer DBNSW website for AusDBF Race Rules and Regulations and NSW by-laws
<b>Safety:</b>	This regatta is a DBNSW Sanctioned Event and a Safety Officer will be appointed on all matters relating to the safety of participants, officials, spectators and others present at the venue. Note: for Clubs and Teams to do all in their power to ensure the safety of participants, officials, spectators and others present at the venue - safety is everyone's responsibility. School students and anyone who cannot swim 50m fully clothed must wear a buoyancy vest.
<b>Steerers:</b>	A DBNSW accredited sweep will be provided for all Community/Corporate and School teams
<b>First Aid:</b>	Wollongong First Aid personnel will be on duty or similar
<b>Security:</b>	Teams are responsible for the security of their valuables. BE WARY!



# DRAGON BOAT CHALLENGE

## TEAM LIST AND WAIVER

**Team List – Please record details below for each crew member participating - type or write clearly**

Team Name:	
Team Manager/Captain Contact:	
Mobile Contact:	
Signature	

- (1) I certify that all the information provided on this team sheet is correct.
- (2) I understand and have read and agree to abide by the DBNSW race Rules (see over)
- (3) Reserves may be included

Note: A separate team sheet must be handed in for each team entered

**THIS FORM MUST BE HANDED IN AT PRIOR TO EVENT OR AT REGISTRATION PRIOR TO FIRST RACE**

No	Name (please write names in Alphabetical order)	Signature	Tick for drummer/sweep
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**Each participant that signs above has read and accepted the waiver terms below and attached.**

This is a risk warning given in accordance with the provisions of the *Civil Liability Act 2002*. Paddling in a dragon boat is a dangerous recreational activity which involves a number of significant risks of physical harm. Dragon Boating has a number of obvious risks and a number of risks which are not so obvious, but which are nonetheless significant risks of physical harm. In engaging in dragon boating, participants are warned of the following risks: death by drowning, death, permanent disability, paralysis, shoulder dislocation, rotator cuff injuries, broken limbs, blisters, back complaints (including disc prolapse), bruising, needle stick injuries, cuts, cuts from broken glass, viral and bacterial infections from water pollution, shark attack, jelly fish stings, hypothermia, dehydration, sunstroke, skin cancer, exhaustion and lack of concentration. A number of the risks identified above are clearly obvious risks and are inherent in the sport, whereas a number of the risks identified above arise from the environment in which the sport is conducted (for example, where and how we load the boats, use of a slippery ramp etc). None of the risks should be ignored or taken lightly.

If you can't swim 50m fully clothed, please contact the session coordinator and request a buoyancy vest.

# **Dragon Boats NSW Inc.**

(Incorporated under the Associations Incorporation Act, 1984)  
(Registered Number: Y2086230)  
(ABN 31 936 733 882)



## **DRAGON BOATS NSW INCORPORATED PARTICIPANT DECLARATION/WAIVER Shellharbour City Festival of Sport DRAGON BOAT CHALLENGE Saturday 7th March 2020**

All individuals listed overleaf hereby apply to participate in the Sport as governed by DBNSW. The individual declaration reads:

In consideration of my application for participation being accepted I **acknowledge and agree** that:

1. In this participant declaration:

"**Claim**" means and includes any action, suit, proceeding, claim, demand, damage, cost or expense however arising including but not limited to negligence but does not include a claim against a DBNSW or the Shellharbour Festival of Sport Association under any right expressly conferred by its constitution or regulation.

"**DBNSW**" means Dragon Boats NSW Incorporated and, where the context so permits, its respective directors, officers, members, servants or agents.

"**IDBC**" means Illawarra Dragon Boat Club and where the context so permits, its respective officers, members, servants or agents.

"**SCFOS**" means Shellharbour City Festival of Sport Association Incorporated and where the context so permits, its respective officers, members, servants or agents.

"**Sport**" means the sport of dragon boat racing.

"**Sporting Activities**" means performing or participating in the Sport in any capacity which includes, but is not limited to, participation in training, competitions, coaching or as an official.

2. **If my application for participation is accepted**, I acknowledge that I will be bound by and agree to comply with the rules applying to the Sporting Activities and the constitution, regulations, policies and directions of DBNSW, IDBC and the SCFOS.
3. **Warning:** The Sporting Activities are inherently dangerous. I acknowledge that I am exposed to certain risks during Sporting Activities and that accidents can and often do happen which may result in me being injured or even killed, or my property being damaged. I have voluntarily read and understood this warning and accept and assume the inherent risks in participating in the Sporting Activities.
4. **Exclusion of Implied Terms:** I acknowledge that where I am a consumer of recreational services, as defined by any relevant law, certain terms and rights usually implied into a contract for the supply of goods or services may be excluded. I acknowledge that these implied terms and rights and any liability of DBNSW, IDBC and SCFOS flowing from them, are expressly excluded to the extent possible by law, by this participant declaration. To the extent of any liability arising, the liability of DBNSW, IDBC and SCFOS will, at the discretion of the relevant DBNSW, IDBC and SCFOS, be limited in the case of goods, to the replacement, repair or payment of the cost of replacing the goods and in the case of services, the resupply of the services or payment of the cost of having the services supplied again.
5. **Release and Indemnity:** In consideration of DBNSW, IDBC and the SCFOS accepting my application for participation I, to the extent permitted by law:
  - (a) release and will release DBNSW, IDBC and SCFOS from all Claims that I may have or may have had but for this release arising from or in connection with my participation in any Sporting Activities; and
  - (b) indemnify and will keep indemnified DBNSW, IDBC and SCFOS in respect of any Claim by any person arising as a result of or in connection with my participation in any Sporting Activities.

6. **Fitness to Participate:** I declare that I am medically and physically fit and able to participate in the Sporting Activities. I will immediately notify DBNSW, IDBC and SCFOS in writing of any change to my medical condition, fitness or ability to participate. I understand and accept that DBNSW, IDBC and SCFOS will continue to rely upon this declaration as evidence of my fitness and ability to participate.
7. **Medical Treatment:** I consent to receiving any medical treatment that the DBNSW, IDBC and SCFOS reasonably considers necessary or desirable for me during my participation in Sporting Activities. I also agree to reimburse the relevant DBNSW, IDBC and SCFOS for any costs or expenses incurred in providing me with medical treatment.
8. **Right to Use Image:** I acknowledge and consent to photographs and electronic images being taken of me during my participation in any Sporting Activities. I acknowledge and agree that such photographs and electronic images are owned by DBNSW, IDBC and SCFOS and it may use the photographs for promotional or other purposes without my further consent being necessary. Further, I consent to DBNSW, IDBC and SCFOS using my name, image, likeness and also my performance in the Sporting Activities, at any time, by any form of media, to promote the Sporting Activities.
9. **Privacy:** I understand that the information I have provided in this participation declaration is necessary for the objects of DBNSW, IDBC and SCFOS. I acknowledge and agree that the information will be disclosed by DBNSW, IDBC and SCFOS only to pursue its objects and general business. I understand that I will be able to access the information on request. If the information is not provided my membership application may be rejected. I acknowledge that DBNSW, IDBC and SCFOS may also use my personal information for the purposes of providing me with promotional material from DBNSW/IDBC/SCFOS sponsors or third parties. I may advise DBNSW, IDBC and SCFOS if I do not wish to receive any sponsor or third party promotional material.
10. **Severance:** If any provision of this participation declaration is invalid or unenforceable in any jurisdiction, the phrase or clause is to be read down for the purpose of that jurisdiction, if possible, so as to be valid and enforceable. If the phrase or clause cannot be so read down it will be severed to the extent of the invalidity or unenforceability. Such severance does not affect the remaining provisions of this membership declaration or affect the validity or enforceability of it in any other jurisdiction.
11. **I have provided the information required and signed this membership declaration.** I warrant that all information provided is true and correct. I acknowledge this membership declaration cannot be amended. If I do amend it, my application will be null and void. It cannot be accepted by DBNSW, IDBC and SCFOS.

**I have read, understood, acknowledge and agree** to the above terms including the warning, exclusion of implied terms, release and indemnity.

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Where the applicant is under 18 years of age this declaration must also be signed by the applicant's parent or legal guardian.

As a **parent or guardian** of the applicant. I authorise and consent to the applicant undertaking the Sporting Activities. In consideration of the applicant's participation being accepted by DBNSW, IDBC and SCFOS, I expressly agree to be responsible for the applicant's behaviour and agree to accept in my capacity as parent or guardian, the terms set out in this participant declaration, including the provision by me of a release and indemnity in the terms set out above. In addition, I agree to be bound by and to comply with DBNSW, IDBC and SCFOS's constitution and any regulations and policies made under it.